

B.Sc. Sem.-1 Examination  
DSC-C-111  
Health & Hygiene  
January-2024

Time : 2-00 Hours]

[Max. Marks : 50

- Q1. Give the significant of balanced nutrition and proper hydration for good health. (10)
- OR
- Q1. (A) Write a detail note on control of infection. (05)
- Q.1 (B) Explain Personal hygiene practice. (05)
- Q2. Explain in detail National and international guidelines to promote public health. (10)
- OR
- Q2. (A) Write a note on Impact of life style choices and habit on overall health. (05)
- Q2. (B) Write a note on role of income, education on individual Health. (05)
- Q3. Detail outline of safe food handling to prevent food borne illness. (10)
- OR
- Q3. (A) Write a note on disposal of PPE. (05)
- Q3. (B) Explain in detail first aid skills. (05)
- Q4. A detailed note on Determinative factors. (10)
- OR
- Q4. (A) Write a note on immunization. (05)
- Q4. (B) Explain Family Planning Programme. (05)
- Q5. Attempt any **Ten** out of twelve. (10)
1. Define First aid.
  2. Explain two names of food borne disease.
  3. Write the name of vector for disease transmission.
  4. Name the primary sources of energy for the body.
  5. Name the virus responsible for causing Covid.
  6. Examples of Micronutrients.
  7. Explain Balanced diet.
  8. Name the water-soluble vitamins.
  9. Give full form of ATP.
  10. Full form of PPE.
  11. Define: Food Adulteration.